



Henderson County 4-H Happenings



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
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September 2017— Project Group Clubs

- 5 Cooking Club @ 4 p.m.—5:30 p.m. in Extension Expo Center
- 5 Livestock Club @ 6 p.m. in Extension Expo Center
- 7 Riverside Riders Club @ 6:00pm—Extension Expo Center
- 11 Lego Robotics Club @ 6:00pm— Extension Expo Center
- 12 Teen Club @ 6:00pm— Extension Expo Center
- 14 Bullseye Brigade (Shooting Sport) Club @ 6:00 p.m. in Extension Expo Center
- 18 4-H Council @ 6:00pm— Extension Expo Center
- 19 Dog Club @ 6:00pm— Extension Expo Center
- 21 LBL Forest Field Day— 9am-2pm, registration required
- 21 Cloverbud Club @ 5:30 p.m. in Extension Expo Center
- 25 Holy Name Teen Club, 2:45-3:45, Holy Name School
- 27 Home School Club, 10:30am— Extension Expo Center

4-H WEBSITE

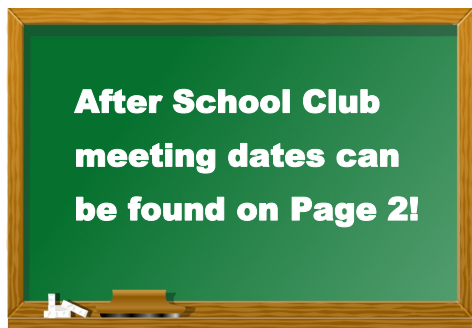
From your browser go to <http://henderson.ca.uky.edu/> and click on the 4-H Youth link. You will find information about the county 4-H program, events and links to our state programs as well. You can visit the Henderson County Agricultural & Natural Resources as well as the Family & Consumer Sciences and Horticulture pages from the main link as well.

4-H FACEBOOK

Visit our 4-H Facebook page to learn about 4-H, when clubs meet, and workshops are held. View pictures of 4-H youth participating in various events and activities. **Like us at Henderson County Cooperative Extension Service—4-H Youth Development.**

ADULT VOLUNTEER TIME

Yes, parents and other adults can volunteer their time to help youth in our 4-H Clubs. Become involved in your child's activities. **For our children's safety, all volunteer leaders must undergo a background check and be approved by the Youth Protection Management Committee.** For more information contact the Extension Office at (270) 826-8387.



Allie Brasher Jeremiah Johnson
Henderson County Extension Agents
for 4-H Youth Development

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Disabilities
accommodated
with prior notification.

**January & February
After School Club Calendar**

A. B. Chandler—September 7th
Bend Gate—September 21st
Cairo—September 11th
East Heights—September 5th
Holy Name*—September 18th
Jefferson—September 12th
Niagara—September 8th
South Heights—September 19th
Spottsville—September 6th

**Holy Name After School Club & meetings are from 2:45 p.m. to 3:45 p.m. County elementary school club meetings are from 2:30 p.m. to 3:30 p.m.*

Joins us at our After School Club! We meet each month in the elementary schools and have different activities. There is no cost to the student. If you would like to join the fun or for more information, contact Christi at 270-826-8387 or email christina.johnson@uky.edu

4-H Cooking Club

September 5—4 p.m. to 5:30 p.m.

October 3rd—4 p.m. to 5:30 p.m. .

Education & Expo Center Kitchen

Love to cook or wanting to learn? This club is for you! **You must RSVP to 270-826-8387!**

Riverside Riders Club

September 7 @ 6 p.m.

October 5 @ 6 p.m.

Education & Expo Center Room 1 & 2

Do you love horses? Are you interested in learning and understanding more about them? Then come learn more at the Riverside Riders meeting!

4-H Livestock Club

September 5th @ 6 p.m.

October 3rd @ 6 p.m.

Education & Expo Center

Grooming, feeding, health and show practices, including how to care and prepare your animals for livestock shows. **Contact Jeremiah Johnson, 270-826-8387 or jeremiah.johnson@uky.edu for more information.**

4-H Shooting Sports Club

September 14th—6:00pm.

October 5th —6:00 p.m.

Education & Expo Center

Interested in shooting sports? Come to our monthly club meetings! For more information and/or **RSVP to Allie Druin, 270-826-8387 or via email allie.druin@uky.edu.**

Dog Club

September 19 @ 6 p.m.

October 24 @ 6 p.m.

Education & Expo Center Project Room

Would you like to learn about dogs, different breeds, how to take better care of your dog or how to train your dog? Check out the 4-H Dog Club. Please **RSVP to 270-826-8387** if you plan to attend the meeting! For more information, please give us a call. **If you want to bring your dog for a meeting please contact BEFORE.**

4-H Cloverbud Club

September 21 @ 5:30pm

October 19 @ 5:30pm

Education & Expo Center Room 1 & 2

The Cloverbud Club is for younger youth that are not quite 4-H age. Henderson County youth ages 5—8 years old are invited to participate in learning about science, nature, cooking and the expressive arts through this club. Parents are invited and encouraged to attend and participate as well. For **more information or to RSVP contact Allie Druin at 270-826-8387 or allie.druin@uky.edu**

4-H Horticulture Club

September 25 @ 5 p.m.

Education & Expo Center Project Room

Interested in gardening or learning to identify trees, fruits, flowers and nuts? This club is for you! For more information **or to RSVP contact Allie Druin at 270-826-8387 or allie.druin@uky.edu**

Homeschool Club

September 27 @ 10:30am

October 25th @ 10:30am

Education and Expo Center

This group will be experiencing everything 4-H has to offer! We will do Science, Engineering & Technology; Family Consumer Science; Leadership; Communication & Expressive Arts; Agriculture; Health and more! If you are a homeschooler ages 9-18 come check this club out!

Teen Leadership Clubs

September 12 @ 6pm

October 17 @ 6pm

Education and Expo Center

This year 4-H will have Teen Leadership Club at our office as well as at Holy Name! We will learn parliamentary procedure, community service and leadership activities. Along with having lots of **FUN! For more information contact 270-826-8387**

4-H Robotics Club
September 11 @ 6:00pm
October 16 @ 6:00pm

Education & Expo Project Room

Youth will learn how to build and program LEGO Mindstorm EV3 Robots and be able to perform tasks and challenges using a variety of sensors and programming functions. Each robot is unique to the youth. For more information please call 270-826-8387 or email jeremiah.johnson@uky.edu

LBL Forestry Field Day
September 21st

Land Between the Lakes Research Station
9am-2pm

Cost: \$3

4-Hers aged 9-13 are eligible to participate. 4-Hers are taught and tested on the basics of tree identification, tree measurement, and the use of a compass and measuring distances and pacing. For more information call 826-8387 or email allie.druin@uky.edu.



Peachy Breakfast Bake

3 tablespoons salted butter	2 tablespoons white sugar	½ teaspoon vanilla
3 cups fresh peaches, peeled and sliced	1 teaspoon cinnamon	¼ cup whole wheat flour
½ cup packed light brown sugar	2 whole eggs	¼ cup all-purpose flour
	2 egg whites	¼ teaspoon salt
	1 cup unsweetened almond milk	2 tablespoons white sugar



Preheat oven to 400 degrees F with rack in middle position. **Place** butter in an 8-by-8 inch baking dish and place in oven on the center rack to melt. **Add** peaches and brown sugar to melted butter in baking dish, **stir** to coat. **Mix** together the sugar and cinnamon and **sprinkle** over the top. **Bake** 15 minutes. In a mixing bowl, **beat** eggs and egg whites with a whisk, **add** almond milk and vanilla. **Whisk** together. **Add** remaining dry ingredients and **mix** until blended.

Remove peaches from oven, **pour** batter slowly and evenly over baked peaches. **Return** to oven and **bake** 20 minutes, until the center of the batter is firm, puffed up and browned. **Serve** warm with whipped cream.

Yield: 9, ½ cup servings

Nutritional Analysis: 140 calories, 4.5 g fat, 2.5 g saturated fat, 10 mg cholesterol, 140 mg sodium, 23 g carbohydrate, 1 g fiber, 17 g sugars, 3 g protein.

If Henderson County Schools are CLOSED due to inclement weather or sickness, then Henderson County 4-H activities are canceled also. Should you have a question as to a specific activity, please check out the Henderson County 4-H Facebook page! Better yet, LIKE our page and get even more information! Here is a direct link

<https://www.facebook.com/HendersonKY4H/>

Back To School Word Search

B	Q	W	E	R	T	F	A	L	L	P	Y
A	P	C	R	A	Y	O	N	S	F	A	U
C	E	D	J	K	L	U	Z	X	R	P	Z
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school
books
pencil
fall

paper
friend
bus
student

scissors
September
crayons
backpack





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